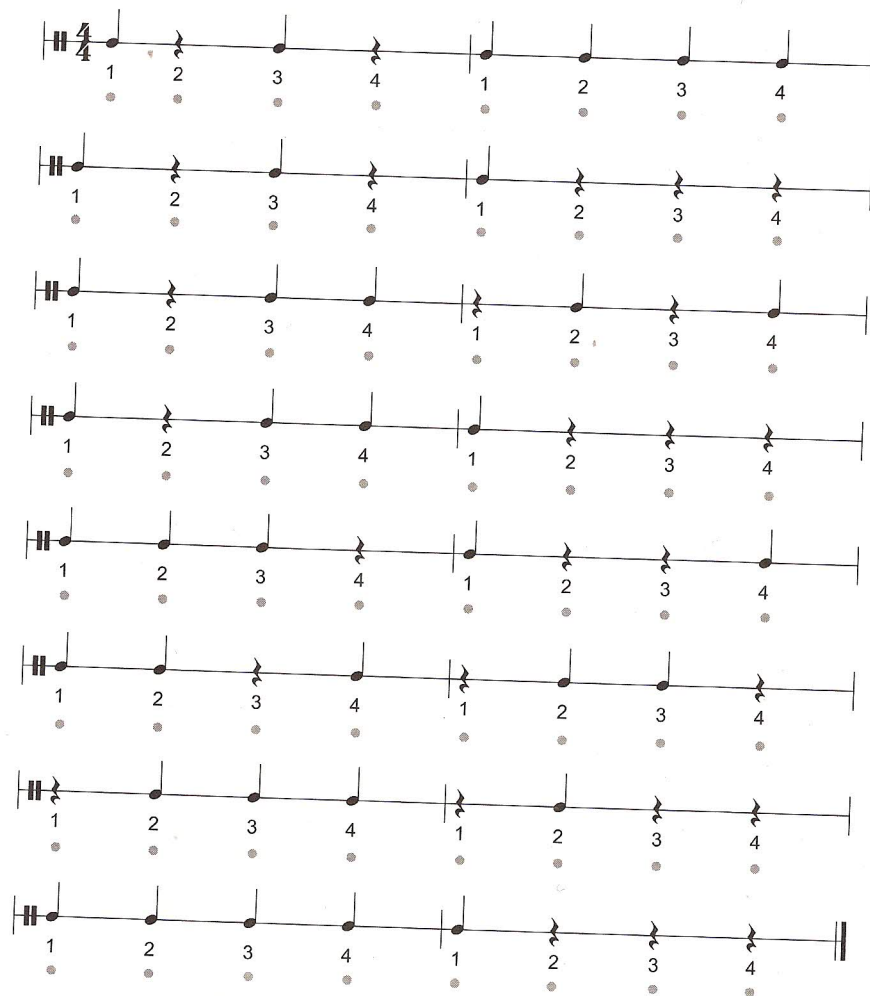
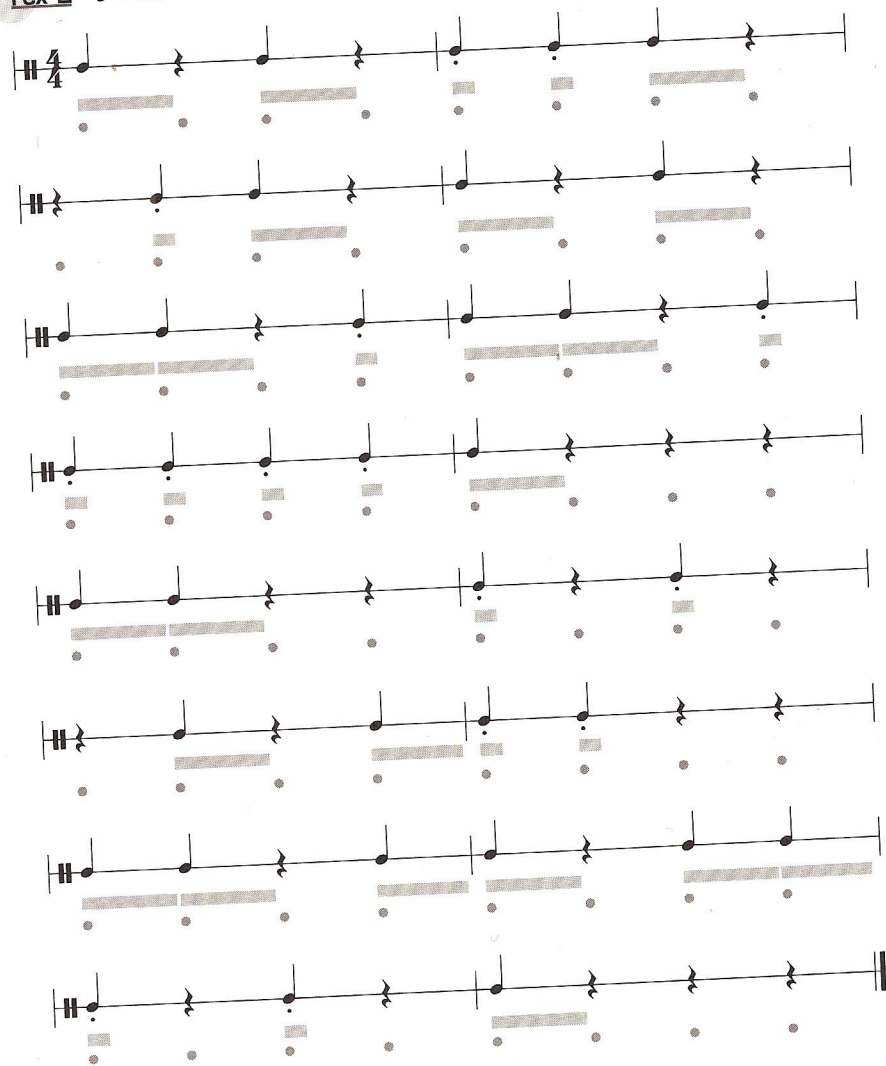


rex 1 ♩ = 76



rex 2 ♩ = 76



rex 3 ♩ = 80

chick tsh chick tsh

chick chick chick tsh

chick chick chick tsh

chick chick tsh chick

tsh chick chick chick chick

tsh chick

tsh chick tsh chick

tsh chick tsh



Rhythm Check 1 Now listen to CD track 9 before trying to play or sing the melody with the play-along-version (track 10).

- Tap your foot in quarter time and sing or play the melody

$\text{♩} = 80$

1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4

1 2 3 4 1 2 3 4

rex 7 ♩ = 70

1 2 + 3 4 | 1 2 3 + 4 +

1 2 + 3 4 | 1 2 3 4 +

1 2 + 3 + 4 | 1 + 2 + 3 4

1 + 2 + 3 + 4 + | 1 2 3 4

1 + 2 3 + 4 | 1 + 2 3 4

1 2 + 3 4 + | 1 2 3 + 4

1 + 2 + 3 4 | 1 2 + 3 + 4

1 2 + 3 4 | 1 + 2 + 3 + 4

rex 12 ♩ = 88

clap
stamp

The musical score for 'rex 12' is written in 4/4 time with a tempo of 88 beats per minute. It consists of 8 measures, each with a rhythmic pattern and fingerings indicated by numbers 1, 2, 3, and 4. The notation includes eighth notes, quarter notes, and rests, with some measures featuring a 'clap' or 'stamp' instruction. The score is divided into two groups of four measures each by a double bar line.

Measure 1: 1 2 + 3 4
Measure 2: 1 2 + 3 + 4 +
Measure 3: 1 2 3 + 4
Measure 4: 1 + 2 3 + 4
Measure 5: 1 + 2 + 3 + 4
Measure 6: 1 2 + 3 + 4
Measure 7: 1 + 2 + 3 + 4
Measure 8: 1 + 2 3 + 4

rex 13 A body 'n' voice ensemble accompanies you in this exercise. Concentrate once again on pulse-related counting.

- Walk in quarter time, clap the exercise and count aloud
- Walk in quarter time and sing the exercise using the syllable "ta"
- Clap in quarter time, stamp the exercise with one foot and count aloud

$\text{♩} = 100$

The musical exercise consists of eight staves, each with a treble clef and a key signature of one sharp (F#). The time signature is 4/4. Each staff contains a sequence of notes and rests, with corresponding counting numbers (1, 2, 3, 4) and plus signs (+) indicating the pulse. The notes are primarily quarter notes and eighth notes, with some rests. The counting sequence for each staff is as follows:

- Staff 1: 1, 2, +, 3, 4, 1, 2, 3, +, 4
- Staff 2: 1, +, 2, 3, +, 4, 1, 2, 3, 4
- Staff 3: 1, +, 2, 3, +, 4, 1, +, 2, +, 3, +, 4
- Staff 4: 1, 2, +, 3, +, 4, 1, 2, 3, 4, +
- Staff 5: 1, 2, +, 3, 4, +, 1, +, 2, +, 3, 4, +
- Staff 6: 1, 2, +, 3, +, 4, 1, 2, 3, 4
- Staff 7: 1, 2, 3, +, 4, 1, 2, +, 3, +, 4
- Staff 8: 1, 2, +, 3, +, 4, +, 1, 2, 3, 4

rex 14 Now we will learn the **dotted quarter-note**. Remember, a dot extends the length of a note by half its value. In this case, a quarter-note is extended by an eighth-note.

$$\text{dotted quarter note} = \text{quarter note} + \text{eighth note}$$

- Walk in quarter time and sing the exercise using the syllable "ta"

♩ = 100

Rhythm Check 2 Rhythm Check 2 summarises and consolidates what you have learned.

- Walk in quarter time, clap the exercise and count aloud
- Clap in quarter time and stamp the exercise with one foot

$\text{♩} = 100$

1 2 3 4 | 1 + 2 3 4

1 2 + 3 4 | 1 2 3 + 4

1 2 3 + 4 + | 1 + 2 3 4

1 2 3 + 4 + | 1 2 3 4

1 + 2 3 + 4 + | 1 + 2 3 4

1 + 2 3 + 4 + | 1 + 2 3 4

1 2 + 3 + 4 | 1 + 2 + 3 + 4

1 2 + 3 + 4 + | 1 2 + 3 4 + | 1 2 3 4

rex 18 Rhythms involving high-energy clapping and stamping in call & response style are the focus of rex 18. The letters "R" and "L" tell you which foot to stamp. Again, try at first to do it without reading the music. This exercise also makes a great warm up.

$\text{♩} = 88$

The exercise is divided into two sections by a double bar line in the middle of each row. The first section contains four rows of music, and the second section contains four rows. Each row has a corresponding rhythm pattern of 'R' and 'L' stamps. The notation includes quarter notes, eighth notes, and sixteenth notes, with rests indicated by dots. The exercise is divided into two sections by a double bar line in the middle of each row.

Row	Section 1 (Left)	Section 2 (Right)
1	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter
2	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter
3	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter
4	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter
5	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter
6	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter
7	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter
8	Quarter, Quarter, Quarter, Quarter	Quarter, Quarter, Quarter, Quarter

rex 1g

Box 19 Quarter, eighth and sixteenth-notes are now combined using the same style. Begin by drumming the rhythms as you hear them. Check with the notes later.

Sing quarter time using the syllable "ta" on a table

80

• Sing quarter time using the syllable "ta" and drum the examples on a table

• = 80



$\text{♩} = 80$

32

ta" and drum the example

1 2 3 e + a 4

1 e + a 2 + 3 + 4

1 e + a 2 + 3 e + a 4

1 e + a 2 + a 3 4

1 + 2 + 3 e + a 4

1 + 2 e + 3 + a 4

1 + a 2 + 3 + 4

1 e + 2 + a 3 + 4

1 2 3 e + a 4

1 e + a 2 e + a 3 4

1 e + a 2 + 3 + 4

1 e + a 2 + a 3 + 4

1 + 2 e + 3 + 4

1 e + 2 + a 3 + 4

1 e + a 2 e + a 3 e + a 4

347

31 **CD Rhythm Check 3** Various body-percussion sounds produce the rhythm here. Remember to count relating to the basic pulse!

- Walk in quarter time, clap the exercise and count aloud
- Clap in quarter time, stamp the exercise (alternating left and right foot) and count aloud

$\text{♩} = 70$

1 2 3 + 4 + 1 + 2 3 4 e + a

1 2 + 3 + 4 1 + 2 3 4 + a

1 + 2 3 + 4 e + 1 2 + 3 + 4 + a

1 2 e + a 3 + 4 + 1 2 3 4

1 e + 2 + 3 4 + 1 2 3 + 4 e +

1 e + 2 + 3 + 4 + a 1 e + a 2 e + a 3 + a 4

1 + a 2 + 3 + 4 e + 1 + 2 e + 3 4 +

1 + a 2 3 + a 4 1 2 3 4