

Exercises

Now that we've got our 4/4 time signature, we can combine the symbols we've just encountered to create rhythms. In following exercises, all the beats in each bar always add up to a total of four. Get used to counting, "one-two-three-four" along with the beats in 4/4.

You'll notice that the exercises have different metronome markings. If you're clapping along to the audio tracks, there be a bar of crotchet clicks before each exercise begins, which will give you time to get a feel for the tempo.

Take care, because some tempos are much faster than others! As you count, emphasise the strong beats, so you always know which beat is which.

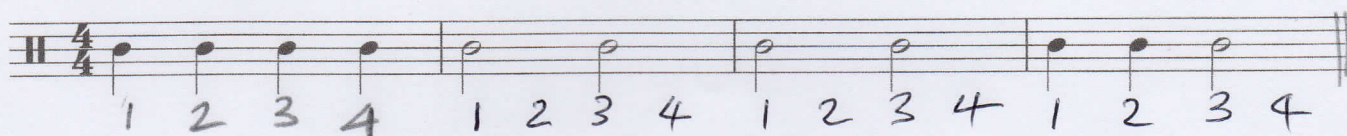


Audio 02-ex-01 to 02-ex-07

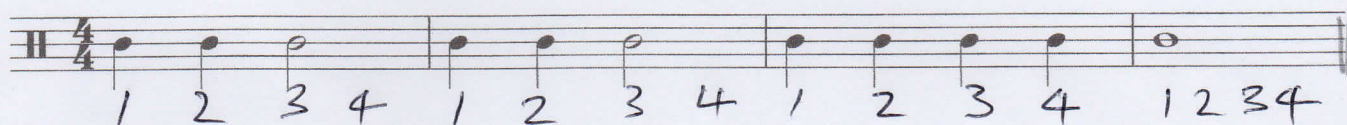
1. ♩ = 100



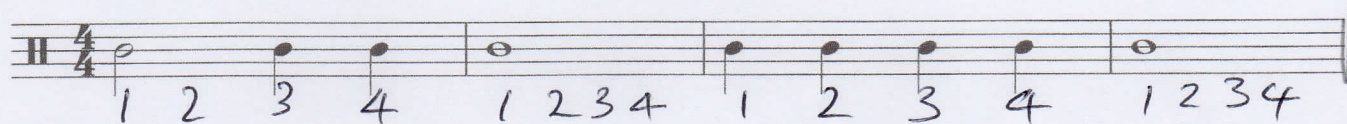
2. ♩ = 120



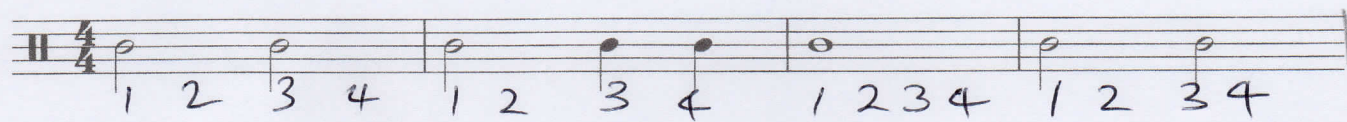
3. ♩ = 80



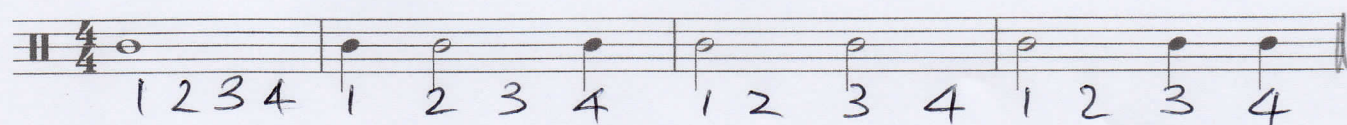
4. ♩ = 100



5. ♩ = 60



6. ♩ = 100



7. ♩ = 140



Exercises

Clap the following exercises, as before. You'll see that all the note and rest symbols add up to a total of four beats.

Count steadily and be sure to include rests at the beginning of the bar. As before, the tempos are varied, with a one-bar count before each exercise. Take special care where rest symbols are combined.

Audio 03-ex-01 to 03-ex-07

1. ♩ = 80

2. ♩ = 120

3. ♩ = 100

4. ♩ = 60

5. ♩ = 110

6. ♩ = 100

7. ♩ = 70

Exercises

Try clapping through these combinations of minims, crotchets, and quavers. Keep a steady beat and count confidently. As always, there is a four-beat count before each exercise.



Audio 04-ex-01 to 04-ex-07

1. ♩ = 60

Handwritten rhythmic exercise 1 in 4/4 time, tempo 60. The exercise consists of four measures, each containing a sequence of eighth notes. The counts below the notes are: 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, and 1 & 2 & 3 & 4 &.

2. ♩ = 90

Handwritten rhythmic exercise 2 in 4/4 time, tempo 90. The exercise consists of four measures, each containing a sequence of eighth notes. The counts below the notes are: 1 + 2 + 3 4, 1 + 2 + 3 + 4, 1 + 2 + 3 4, and 1 2 + 3 + 4.

3. ♩ = 110

Handwritten rhythmic exercise 3 in 4/4 time, tempo 110. The exercise consists of four measures, each containing a sequence of eighth notes. The counts below the notes are: 1 2 3 + 4 +, 1 2 3 4, 1 2 3 + 4 +, and 1 + 2 3 + 4.

4. ♩ = 80

Handwritten rhythmic exercise 4 in 4/4 time, tempo 80. The exercise consists of four measures, each containing a sequence of eighth notes. The counts below the notes are: 1 + 2 3 4, 1 + 2 + 3 4, 1 2 + 3 + 4, and 1 + 2 3 4.

5. ♩ = 100

Handwritten rhythmic exercise 5 in 4/4 time, tempo 100. The exercise consists of four measures, each containing a sequence of eighth notes. The counts below the notes are: 1 + 2 + 3 4 +, 1 + 2 + 3 + 4, 1 + 2 3 4 +, and 1 2 + 3 + 4.

6. ♩ = 60

Handwritten rhythmic exercise 6 in 4/4 time, tempo 60. The exercise consists of four measures, each containing a sequence of eighth notes. The counts below the notes are: 1 2 3 4 +, 1 + 2 + 3 4 +, 1 2 + 3 4, and 1 2 3 + 4 +.

7. ♩ = 120

Handwritten rhythmic exercise 7 in 4/4 time, tempo 120. The exercise consists of four measures, each containing a sequence of eighth notes. The counts below the notes are: 1 + 2 3 + 4 +, 1 2 + 3 + 4, 1 + 2 3 4 +, and 1 + 2 3 + 4 +.

Exercises

This time, our exercises include quaver rests. Try these exercises with your own metronome at a variety of different tempos.

Audio 04-ex-08 to 04-ex-12

8. ♩ = 70

9. ♩ = 100

10. ♩ = 80

11. ♩ = 110

12. ♩ = 60

Part 3: Writing Crotchet Rests Correctly

If a crotchet rest spans across the half bar, it's written as two separate quaver rests.

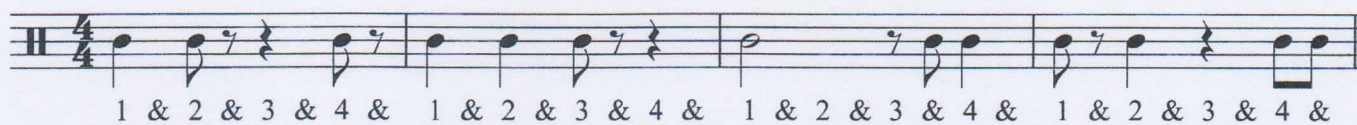
Part 3 Exercises

Let's combine all the minim, crotchet, and quaver notes and rests we've seen so far.

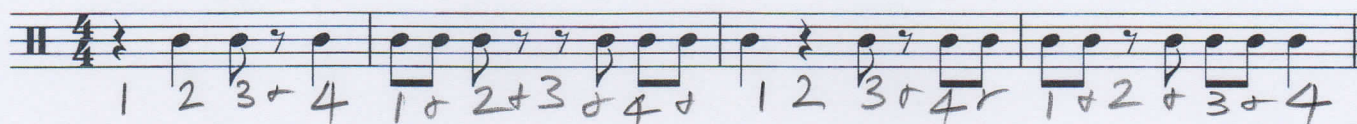


Audio 04-ex-13 to 04-ex-19

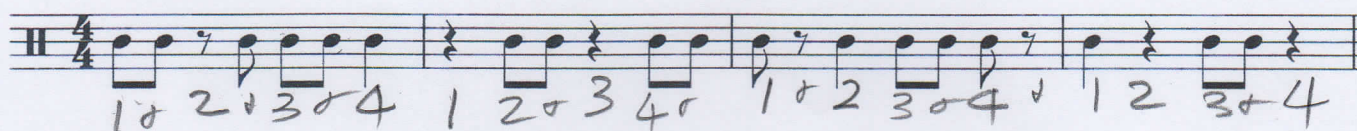
13. ♩ = 60



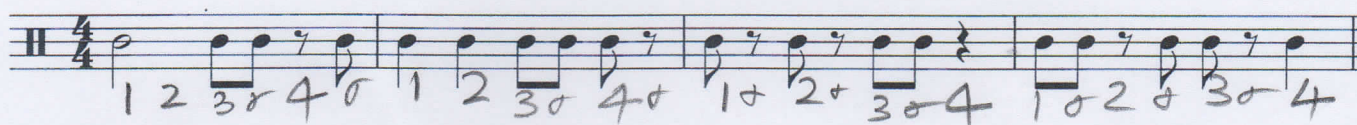
14. ♩ = 90



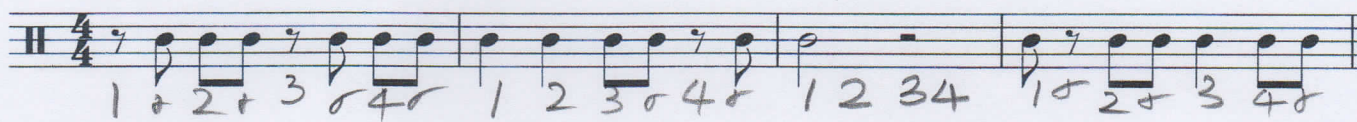
15. ♩ = 120



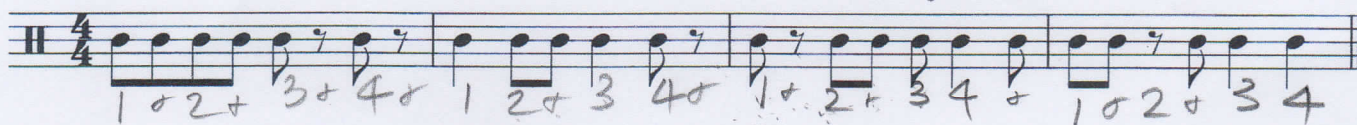
16. ♩ = 80



17. ♩ = 60



18. ♩ = 110



19. ♩ = 70

